

Popular Workshops Include:

Workplace Wellness

- Stay Fit While You Sit: Prevent poor posture, eliminate pain, and increase energy
- Stress and Time Management for Busy Professionals
- New Solutions to Eliminate Back Pain, Neck Pain, and Headaches
- Natural Solutions to Sleep Problems: Learn 20 ways to get better sleep now
- Secrets To Permanent Weight Loss: Lose pounds and inches with practical tips.
- Text Neck Syndrome: Health hazards surrounding the overuse of hand held devices.

Family Wellness

- Teenage Auto Safety: The impact of whiplash on your short and long-term health.
- Text Neck Syndrome: Health hazards surrounding the overuse of hand held devices.
- Perfect Posture, Perfect Health
- Family Stress and Time Management
- Choose a Career: Find your purpose in your work.
- How to Improve Sport Performance and Reduce Injuries

Please check off the topics that your organization would be interested in learning more about. Then fill out the form on the back of this brochure with your info and return it to a Synergy team member.

Testimonials

" His persuasive and friendly style in the classroom, coupled with his professional knowledge, has turned him into a "must invite Speaker" each semester in the course I direct."
**-Dr. Genaro Lopez, College of Medicine
University of Central Florida**

"He greatly exceeds expectations and is a pleasure to hear and learn from. He articulates himself extremely well, easily captivating both my students and me."
**-Dr. Ze Wang, Professor of Marketing
University of Central Florida**

Your Business/Organization's Info

Name: _____

Cell: _____

Email: _____


Organization: _____

Best Contact: _____

Contact Info: _____

Next Steps

If you are interested in having Dr. Janowitz speak at your church, business or civic organization, please email:
Social@SynergyOviedo.com


A National Non-profit Foundation



Dr. Eric Janowitz

Keynote Wellness Speaker
for Central Florida

Bringing Healthy Lifestyle
Programs to Central Florida
Organizations

Health lectures

Since 2001, Dr. Eric Janowitz, has been a passionate and inspiring health speaker who shares his message of hope and healing to Oviedo, Winter Springs, and the UCF community.



Why do we offer these health lectures at No Charge for your Company or Organization?

As part of our commitment to the Foundation for Wellness Professionals, Dr. Janowitz provides health screenings and community lectures at no charge as part of our community service.

How long are Health Lectures?

Dr. Janowitz has provided health lectures from as quick as 10 minutes to 10 hours of content over a series of weeks. Since every organization has unique needs, we take the time to customize the content, format, and duration to meet your organization's goal.

Check out our website:
www.SynergyOviedo.com
for more details on these lectures

FOUNDATION FOR Wellness PROFESSIONALS™

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The Foundation for Wellness Professionals™ is an association of professional healthcare motivational and keynote speakers. This volunteer, not-for-profit association operates through independently-operated chapters across the United States and Canada. The Foundation for Wellness Professionals is incorporated as an official professional association with the State of Florida (No3000002637). It has 501(c)3 non-profit status.

Dr. Eric Janowitz

Dr. Eric Janowitz has earned several academic degrees including two Bachelors degrees- one in Psychology from the University of Florida and another one in Human Biology as well as a Doctorate in Chiropractic from the prestigious Logan University in St. Louis.



Dr. Eric Janowitz and his family

Health Fairs



The doctors at Synergy Oviedo Chiropractic are passionate about improving the health of local businesses. Our doctors provide engaging and informative health screenings, including posture and spine assessments and ergonomic advice at no cost.

Dr. Janowitz has served these great organizations:



What do our Health Screenings consist of?

Our doctors attend your health fair personally. They review a brief health and stress survey to uncover areas where stress is affecting your body. Through a very detailed posture weight scale analysis, our doctors can uncover the thousands of postural distortion patterns that can exist that could be putting pressure on your teams musculoskeletal system and pinching nerves causing pain or other health issues.



Go to our Facebook for upcoming events and pictures!
www.facebook.com/SynergyOviedo